

Jon Falcone, Apprentice Herbalist

Born February 17, 1996 in Fairfax, VA

Currently resides in Lost River, WV

Practitioner Bio (350 words or less)

I have been foraging and wildcrafting as a hobby in West Virginia since 2004. I spent much of my childhood in the forests of the Eastern Panhandle, sparking a passion for nature and conservation. From making traditional bows and slings to green woodworking; I enjoy using natural materials to recreate items of old as a form of experimental archeology. In recent years, I have had a focus on growing and sustainably foraging more of my own food and evidence-based medicines with the goal of starting my own homestead and working towards a more self-sufficient lifestyle.

Brief (350 words or less) description of the art form/tradition.

Herbalism has been practiced in a huge variety of ways by seemingly every culture since prehistoric times. Generations and generations of combined knowledge has been passed down to allow us to identify and appropriately make use of abundant plants and fungi for food, medicine, and craft. I am both proud and extremely grateful for this opportunity to carry on the tradition and hope to encourage conscious, sustainable collecting throughout Appalachia and abroad.